



Arteriosil while on apixaban

Arteriosil, a vascular health supplement containing rhamnan sulfate, does not have documented direct interactions with apixaban (Eliquis), an anticoagulant, but caution is recommended due to limited safety data on combined use with blood thinners. While Arteriosil is marketed as generally safe and is not implicated in increased bleeding risk by itself, medical authorities warn that supplements—especially those affecting vascular function—may have unpredictable effects when combined with prescription anticoagulants like apixaban. ^[1] ^[2]

Supplement-Anticoagulant Interaction Risks

- There are no published clinical studies confirming the safety or risk of combining Arteriosil with apixaban. ^[2]
- Some supplements, such as St John's wort, are known to alter anticoagulant activity and bleeding risk; others are simply untested in this regard. ^[3] ^[2]
- Pharmacological guidance generally advises consulting with a healthcare provider before starting any supplement while on apixaban to avoid unknown or idiosyncratic adverse effects, including increased bleeding. ^[2]

Arteriosil Mechanism and Vascular Effects

- Arteriosil supports endothelial health and may modulate vascular permeability and inflammation, but its effects do not mimic those of antiplatelet or anticoagulant medications. ^[1]
- No evidence suggests Arteriosil increases the risk of bleeding or interacts with CYP3A4 or P-gp, the main apixaban metabolic pathways; however, lack of data means caution is warranted. ^[4] ^[5]

Safety Recommendations

- Individuals on apixaban should notify their prescribing physician before adding Arteriosil or any supplement, so any changes in bleeding risk or side effects can be monitored. ^[2]
- Clinical guidelines recommend routine monitoring for signs of bleeding (such as unusual bruising, gastrointestinal bleeding, or hematuria) when introducing new supplements while on anticoagulants. ^[4] ^[2]
- Supplements are not subject to the same rigorous drug interaction testing as pharmaceuticals, and their vascular effects are generally poorly characterized in those already on anticoagulation therapy. ^[2]

In summary, while there is no clear evidence that Arterosil causes harm or interacts with apixaban, the absence of safety data means that professional medical supervision is essential when considering this combination. ^[1] ^[2]

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1. <https://naturalheartdoctor.com/is-arterosil-safe-for-me/>
2. <https://www.nhs.uk/medicines/apixaban/taking-apixaban-with-other-medicines-and-herbal-supplements/>
3. <https://www.sciencedirect.com/science/article/pii/S0268960X16300352>
4. <https://www.rxlist.com/eliquis-drug.htm>
5. <https://www.ahajournals.org/doi/pdf/10.1161/CIR.0000000000001056>
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7. <https://pmc.ncbi.nlm.nih.gov/articles/PMC8395160/>
8. <https://pubmed.ncbi.nlm.nih.gov/28096100/>
9. <https://pubs.acs.org/doi/10.1021/acsptsci.3c00307>
10. <https://academic.oup.com/eurheartj/article/35/28/1864/529600>